

# A-

Ablutophobia- Fear of washing or bathing.  
Acarophobia- Fear of itching or of the insects that cause itching.  
Acerophobia- Fear of sourness.  
Achluophobia- Fear of darkness.  
Acousticophobia- Fear of noise.  
Acrophobia- Fear of heights.  
Aerophobia- Fear of drafts, air swallowing, or airbourne noxious substances.  
Aeroacrophobia- Fear of open high places.  
Aeronausiphobia- Fear of vomiting secondary to airsickness.  
Agateophobia- Fear of insanity.  
Agliophobia- Fear of pain.  
Agoraphobia- Fear of open spaces or of being in crowded, public places like markets. Fear of leaving a safe place.  
Agrizoophobia- Fear of wild animals.  
Agyrophobia- Fear of streets or crossing the street.  
Aichmophobia- Fear of needles or pointed objects.  
Ailurophobia- Fear of cats.  
Albuminurophobia- Fear of kidney disease.  
Alektorophobia- Fear of chickens.  
Algophobia- Fear of pain.  
Alliumphobia- Fear of garlic.  
Allodoxaphobia- Fear of opinions.  
Altophobia- Fear of heights.  
Amathophobia- Fear of dust.  
Amaxophobia- Fear of riding in a car.  
Ambulophobia- Fear of walking.  
Amnesiphobia- Fear of amnesia.  
Amychophobia- Fear of scratches or being scratched.  
Anablephobia- Fear of looking up.  
Ancraophobia- Fear of wind. (Anemophobia)  
Androphobia- Fear of men.  
Anemophobia- Fear of air drafts or wind.(Ancraophobia)  
Anginophobia- Fear of angina, choking or narrowness.  
Anglophobia- Fear of England or English culture, etc.  
Angrophobia - Fear of anger or of becoming angry.  
Ankylophobia- Fear of immobility of a joint.  
Anthrophobia or Anthophobia- Fear of flowers.  
Anthropophobia- Fear of people or society.  
Antlophobia- Fear of floods.  
Anuptaphobia- Fear of staying single.  
Apeiophobia- Fear of infinity.  
Aphenphosmophobia- Fear of being touched. (Haphophobia)  
Apiphobia- Fear of bees.  
Arachibutyrophobia- Fear of peanut butter sticking to the roof of the mouth.

Arachnophobia or Arachnophobia- Fear of spiders.  
Arithmophobia- Fear of numbers.  
Arrhenophobia- Fear of men.  
Arsonphobia- Fear of fire.  
Asthenophobia- Fear of fainting or weakness.  
Astraphobia or Astrapophobia- Fear of thunder and lightning.(Ceraunophobia, Keraunophobia)  
Astrophobia- Fear of stars or celestial space.  
Asymmetriphobia- Fear of asymmetrical things.  
Ataxiophobia- Fear of ataxia. (muscular incoordination)  
Ataxophobia- Fear of disorder or untidiness.  
Atelophobia- Fear of imperfection.  
Atephobia- Fear of ruin or ruins.  
Athazagoraphobia- Fear of being forgotten or ignored or forgetting.  
Atomosphobia- Fear of atomic explosions.  
Atychiphobia- Fear of failure.  
Aulophobia- Fear of flutes.  
Aurophobia- Fear of gold.  
Auroraphobia- Fear of Northern lights.  
Autodysomophobia- Fear of one that has a vile odor.  
Automatonophobia- Fear of ventriloquist's dummies, animatronic creatures, wax statues - anything that falsely represents a sentient being.  
Automysophobia- Fear of being dirty.  
Autophobia- Fear of being alone or of oneself.  
Aviophobia or Aviatophobia- Fear of flying.

## **B-**

Bacillophobia- Fear of microbes.  
Bacteriophobia- Fear of bacteria.  
Ballistophobia- Fear of missiles or bullets.  
Barophobia- Fear of gravity.  
Basophobia or Basiphobia- Inability to stand. Fear of walking or falling.  
Bathmophobia- Fear of stairs or steep slopes.  
Bathophobia- Fear of depth.  
Batophobia- Fear of heights or being close to high buildings.  
Batrachophobia- Fear of amphibians, such as frogs, newts, salamanders, etc.  
Belonephobia- Fear of pins and needles. (Aichmophobia)  
Bibliophobia- Fear of books.  
Blennophobia- Fear of slime.  
Bogyphobia- Fear of bogeys or the bogeyman.  
Botanophobia- Fear of plants.  
Bromidrosiphobia or Bromidrophobia- Fear of body smells.  
Brontophobia- Fear of thunder and lightning.  
Bufonophobia- Fear of toads.

## **C-**

Cacophobia- Fear of ugliness.  
Cainophobia or Cainotophobia- Fear of newness, novelty.  
Caliginophobia- Fear of beautiful women.  
Cancerophobia or Carcinophobia- Fear of cancer.  
Cardiophobia- Fear of the heart.  
Carnophobia- Fear of meat.  
Catagelophobia- Fear of being ridiculed.  
Catapedaphobia- Fear of jumping from high and low places.  
Cathisophobia- Fear of sitting.  
Catoptrophobia- Fear of mirrors.  
Cenophobia or Centophobia- Fear of new things or ideas.  
Ceraunophobia or Keraunophobia- Fear of thunder and lightning.(Astraphobia, Astrapophobia)  
Chaetophobia- Fear of hair.  
Cheimaphobia or Cheimatophobia- Fear of cold.(Frigophobia, Psychophobia)  
Chemophobia- Fear of chemicals or working with chemicals.  
Cherophobia- Fear of gaiety.  
Chionophobia- Fear of snow.  
Chiraptophobia- Fear of being touched.  
Chiophobia- Fear of hands.  
Chiroptophobia- Fear of bats.  
Cholerophobia- Fear of anger or the fear of cholera.  
Chorophobia- Fear of dancing.  
Chrometophobia or Chrematophobia- Fear of money.  
Chromophobia or Chromatophobia- Fear of colors.  
Chronophobia- Fear of time.  
Chronomentrophobia- Fear of clocks.  
Cibophobia- Fear of food.(Sitophobia, Sitiophobia)  
Claustrophobia- Fear of confined spaces.  
Cleithrophobia or Cleisiophobia- Fear of being locked in an enclosed place.  
Cleptophobia- Fear of stealing.  
Climacophobia- Fear of stairs, climbing, or of falling downstairs.  
Clinophobia- Fear of going to bed.  
Clithrophobia or Cleithrophobia- Fear of being enclosed.  
Cnidophobia- Fear of stings.  
Cometophobia- Fear of comets.  
Coimetrophobia- Fear of cemeteries.  
Coprastaphobia- Fear of constipation.  
Consecotaleophobia- Fear of chopsticks.  
Coulrophobia- Fear of clowns.  
Counterphobia- The preference by a phobic for fearful situations.  
Cremnophobia- Fear of precipices.  
Cryophobia- Fear of extreme cold, ice or frost.  
Crystallophobia- Fear of crystals or glass.  
Cyberphobia- Fear of computers or working on a computer.  
Cyclophobia- Fear of bicycles.  
Cymophobia or Kymophobia- Fear of waves or wave like motions.

Cynophobia- Fear of dogs or rabies.

## **D-**

Decidophobia- Fear of making decisions.

Deipnophobia- Fear of dining or dinner conversations.

Dementophobia- Fear of insanity.

Demonophobia or Daemonophobia- Fear of demons.

Demophobia- Fear of crowds. (Agoraphobia)

Dendrophobia- Fear of trees.

Dentophobia- Fear of dentists.

Dermatophobia- Fear of skin lesions.

Dermatosiophobia or Dermatophobia or Dermatopathophobia- Fear of skin disease.

Dextrophobia- Fear of objects at the right side of the body.

Diabetophobia- Fear of diabetes.

Didaskaleinophobia- Fear of going to school.

Dikephobia- Fear of justice.

Dinophobia- Fear of dizziness or whirlpools.

Diplophobia- Fear of double vision.

Dipsophobia- Fear of drinking.

Disposophobia- Fear of throwing stuff out. Hoarding.

Domatophobia- Fear of houses or being in a house.(Eicophobia, Oikophobia)

Doraphobia- Fear of fur or skins of animals.

Doxophobia- Fear of expressing opinions or of receiving praise.

Dromophobia- Fear of crossing streets.

Dystychiphobia- Fear of accidents.

## **E-**

Ecclesiophobia- Fear of church.

Ecophobia- Fear of home.

Eicophobia- Fear of home surroundings.(Domatophobia, Oikophobia)

Eisoptrophobia- Fear of mirrors or of seeing oneself in a mirror.

Electrophobia- Fear of electricity.

Eleutherophobia- Fear of freedom.

Elurophobia- Fear of cats. (Ailurophobia)

Emetophobia- Fear of vomiting.

Enetophobia- Fear of pins.

Enochlophobia- Fear of crowds.

Entomophobia- Fear of insects.

Eosophobia- Fear of dawn or daylight.

Ephebiphobia- Fear of teenagers.

Epistaxiophobia- Fear of nosebleeds.

Epistemophobia- Fear of knowledge.

Equinophobia- Fear of horses.

Eremophobia- Fear of being oneself or of loneliness.

Ereuthophobia- Fear of blushing.

Ergasiophobia- 1) Fear of work or functioning. 2) Surgeon's fear of operating.

Ergophobia- Fear of work.

Euphobia- Fear of hearing good news.

Erythrophobia or Erytrophobia or Ereuthophobia- 1) Fear of redlights. 2) Blushing. 3) Red.

## **F-**

ebriphobia or Fibriphobia or Fibriophobia- Fear of fever.

Felinophobia- Fear of cats. (Ailurophobia, Elurophobia, Galeophobia, Gatophobia)

Francophobia- Fear of France or French culture. (Gallophobia, Galiophobia)

Frigophobia- Fear of cold or cold things.(Cheimaphobia, Cheimatophobia, Psychrophobia)

## **G-**

Galeophobia or Gatophobia- Fear of cats.

Gallophobia or Galiophobia- Fear France or French culture. (Francophobia)

Gamophobia- Fear of marriage.

Geliophobia- Fear of laughter.

Gelotophobia- Fear of being laughed at.

Geniophobia- Fear of chins.

Genuphobia- Fear of knees.

Gephyrophobia or Gephydrophobia or Gephyrophobia- Fear of crossing bridges.

Germanophobia- Fear of Germany or German culture.

Gerascophobia- Fear of growing old.

Gerontophobia- Fear of old people or of growing old.

Geumophobia or Geumophobia- Fear of taste.

Glossophobia- Fear of speaking in public or of trying to speak.

Gnosiophobia- Fear of knowledge.

Graphophobia- Fear of writing or handwriting.

Gynephobia or Gynophobia- Fear of women.

## **H-**

Hadephobia- Fear of hell.

Hagiophobia- Fear of saints or holy things.

Hamartophobia- Fear of sinning.

Haphophobia or Haptophobia- Fear of being touched.

Harpaxophobia- Fear of being robbed.

Heliophobia- Fear of the sun.

Hellenologophobia- Fear of Greek terms or complex scientific terminology.

Helminthophobia- Fear of being infested with worms.

Hemophobia or Hemaphobia or Hematophobia- Fear of blood.

Heresyphobia or Hereiophobia- Fear of challenges to official doctrine or of radical deviation.

Herpetophobia- Fear of reptiles or creepy, crawly things.

Hierophobia- Fear of priests or sacred things.

Hippophobia- Fear of horses.  
Hippopotomonstrosesquipedaliophobia- Fear of long words.  
Hobophobia- Fear of bums or beggars.  
Hodophobia- Fear of road travel.  
Hormephobia- Fear of shock.  
Homichlophobia- Fear of fog.  
Homilophobia- Fear of sermons.  
Hominophobia- Fear of men.  
Hoplophobia- Fear of firearms.  
Hydrargyrophobia- Fear of mercurial medicines.  
Hydrophobia- Fear of water or of rabies.  
Hydrophobophobia- Fear of rabies.  
Hyelophobia or Hyalophobia- Fear of glass.  
Hygrophobia- Fear of liquids, dampness, or moisture.  
Hylephobia- Fear of materialism or the fear of epilepsy.  
Hylophobia- Fear of forests.  
Hypenagophobia or Hypegiaphobia- Fear of responsibility.  
Hypnophobia- Fear of sleep or of being hypnotized.  
Hypsiphobia- Fear of height.

## **I-**

Iatrophobia- Fear of going to the doctor or of doctors.  
Ichthyophobia- Fear of fish.  
Ideophobia- Fear of ideas.  
Illyngophobia- Fear of vertigo or feeling dizzy when looking down.  
Iophobia- Fear of poison.  
Insectophobia - Fear of insects.  
Isolophobia- Fear of solitude, being alone.  
Isopterophobia- Fear of termites, insects that eat wood.

## **K-**

Kainolophobia or Kainophobia- Fear of anything new, novelty.  
Kakorrhaphiophobia- Fear of failure or defeat.  
Katagelophobia- Fear of ridicule.  
Kathisophobia- Fear of sitting down.  
Katsaridaphobia- Fear of cockroaches.  
Kenophobia- Fear of voids or empty spaces.  
Keraunophobia or Ceraunophobia- Fear of thunder and lightning.(Astraphobia, Astrapophobia)  
Kinetophobia or Kinesophobia- Fear of movement or motion.  
Kleptophobia- Fear of stealing.  
Koinoniphobia- Fear of rooms.  
Kopophobia- Fear of fatigue.  
Koniophobia- Fear of dust. (Amathophobia)  
Kosmikophobia- Fear of cosmic phenomenon.

Kymophobia- Fear of waves. (Cymophobia)

Kynophobia- Fear of rabies.

Kyphophobia- Fear of stooping.

## L-

Lachanophobia- Fear of vegetables.

Laliophobia or Lalophobia- Fear of speaking.

Leprophobia or Lepraphobia- Fear of leprosy.

Leukophobia- Fear of the color white.

Levophobia- Fear of things to the left side of the body.

Ligyrophobia- Fear of loud noises.

Lilapsophobia- Fear of tornadoes and hurricanes.

Limnophobia- Fear of lakes.

Linonophobia- Fear of string.

Liticaphobia- Fear of lawsuits.

Logizomechanophobia- Fear of computers.

Logophobia- Fear of words.

Luiphobia- Fear of lues, syphilis.

Lutraphobia- Fear of otters.

Lygophobia- Fear of darkness.

Lyssophobia- Fear of rabies or of becoming mad.

## M-

Macrophobia- Fear of long waits.

Mageirocophobia- Fear of cooking.

Maniaphobia- Fear of insanity.

Mastigophobia- Fear of punishment.

Mechanophobia- Fear of machines.

Megalophobia- Fear of large things.

Melissophobia- Fear of bees.

Melanophobia- Fear of the color black.

Melophobia- Fear or hatred of music.

Meningitophobia- Fear of brain disease.

Merinthophobia- Fear of being bound or tied up.

Metallophobia- Fear of metal.

Metathesiophobia- Fear of changes.

Meteorophobia- Fear of meteors.

Methyphobia- Fear of alcohol.

Metrophobia- Fear or hatred of poetry.

Microbiophobia- Fear of microbes. (Bacillophobia)

Microphobia- Fear of small things.

Misophobia or Mysophobia- Fear of being contaminated with dirt or germs.

Mnemophobia- Fear of memories.

Molysmophobia or Molysomophobia- Fear of dirt or contamination.

Monophobia- Fear of solitude or being alone.  
Monopathobia- Fear of definite disease.  
Motorphobia- Fear of automobiles.  
Mottephobia- Fear of moths.  
Musophobia or Muriphobia- Fear of mice.  
Mycophobia- Fear or aversion to mushrooms.  
Mycrophobia- Fear of small things.  
Myctophobia- Fear of darkness.  
Myrmecophobia- Fear of ants.  
Mythophobia- Fear of myths or stories or false statements.  
Myxophobia- Fear of slime. (Blennophobia)

## N-

Nebulaphobia- Fear of fog. (Homichlophobia)  
Nelophobia- Fear of glass.  
Neophobia- Fear of anything new.  
Nephophobia- Fear of clouds.  
Noctiphobia- Fear of the night.  
Nomatophobia- Fear of names.  
Nosocomophobia- Fear of hospitals.  
Nosophobia or Nosemaphobia- Fear of becoming ill.  
Nostophobia- Fear of returning home.  
Nucleomitophobia- Fear of nuclear weapons.  
Numerophobia- Fear of numbers.  
Nyctohylophobia- Fear of dark wooded areas or of forests at night  
Nyctophobia- Fear of the dark or of night.

## O-

Obesophobia- Fear of gaining weight.(Pocrescophobia)  
Ochlophobia- Fear of crowds or mobs.  
Ochophobia- Fear of vehicles.  
Octophobia - Fear of the figure 8.  
Odontophobia- Fear of teeth or dental surgery.  
Odynophobia or Odynephobia- Fear of pain. (Algophobia)  
Oikophobia- Fear of home surroundings, house.(Domatophobia, Eicophobia)  
Olfactophobia- Fear of smells.  
Ombrophobia- Fear of rain or of being rained on.  
Ommetaphobia or Ommatophobia- Fear of eyes.  
Omphalophobia- Fear of belly buttons.  
Oneirophobia- Fear of dreams.  
Onomatophobia- Fear of hearing a certain word or of names.  
Ophidiophobia- Fear of snakes. (Snakephobia)  
Ophthalmophobia- Fear of being stared at.



Opiophobia- Fear medical doctors experience of prescribing needed pain medications for patients.

Optophobia- Fear of opening one's eyes.

Ornithophobia- Fear of birds.

Orthophobia- Fear of property.

Osmophobia or Osphresiophobia- Fear of smells or odors.

Ostracophobia- Fear of shellfish.

Ouranophobia or Uranophobia- Fear of heaven.

## **P-**

Pagophobia- Fear of ice or frost.

Panthophobia- Fear of suffering and disease.

Panophobia or Pantophobia- Fear of everything.

Papaphobia- Fear of the Pope.

Papyrophobia- Fear of paper.

Paralipophobia- Fear of neglecting duty or responsibility.

Parasitophobia- Fear of parasites.

Paraskavedekatriaphobia- Fear of Friday the 13th.

Pathophobia- Fear of disease.

Patroiophobia- Fear of heredity.

Parturiphobia- Fear of childbirth.

Peccatophobia- Fear of sinning or imaginary crimes.

Pediculophobia- Fear of lice.

Pediophobia- Fear of dolls.

Pedophobia- Fear of children.

Peladophobia- Fear of bald people.

Pellagrophobia- Fear of pellagra.

Peniaphobia- Fear of poverty.

Phagophobia- Fear of swallowing or of eating or of being eaten.

Phalacrophobia- Fear of becoming bald.

Pharmacophobia- Fear of taking medicine.

Phasmophobia- Fear of ghosts.

Phengophobia- Fear of daylight or sunshine.

Philemaphobia or Philematophobia- Fear of kissing.

Philophobia- Fear of falling in love or being in love.

Philosophobia- Fear of philosophy.

Phobophobia- Fear of phobias.

Photoaugliaphobia- Fear of glaring lights.

Photophobia- Fear of light.

Phonophobia- Fear of noises or voices or one's own voice; of telephones.

Phronemophobia- Fear of thinking.

Phthiriophobia- Fear of lice. (Pediculophobia)

Phthisiophobia- Fear of tuberculosis.

Placophobia- Fear of tombstones.

Plutophobia- Fear of wealth.

Pluviophobia- Fear of rain or of being rained on.  
Pneumatophobia- Fear of spirits.  
Pnigophobia or Pnigerophobia- Fear of choking or being smothered.  
Pogonophobia- Fear of beards.  
Politico-phobia- Fear or abnormal dislike of politicians.  
Polyphobia- Fear of many things.  
Poinophobia- Fear of punishment.  
Ponophobia- Fear of overworking or of pain.  
Porphyrophobia- Fear of the color purple.  
Potamophobia- Fear of rivers or running water.  
Potophobia- Fear of alcohol.  
Pharmacophobia- Fear of drugs.  
Prosophobia- Fear of progress.  
Psellismophobia- Fear of stuttering.  
Psychophobia- Fear of mind.  
Psychrophobia- Fear of cold.  
Pteromerhanophobia- Fear of flying.  
Pteronophobia- Fear of being tickled by feathers.  
Pupaphobia - Fear of puppets.  
Pyrexio-phobia- Fear of Fever.  
Pyrophobia- Fear of fire.

## **R-**

Radiophobia- Fear of radiation, x-rays.  
Ranidaphobia- Fear of frogs.  
Rhyphobia- Fear of defecation.  
Rhytophobia- Fear of getting wrinkles.  
Rupophobia- Fear of dirt.

## **S-**

Samhainophobia: Fear of Halloween.  
Satanophobia- Fear of Satan.  
Scelerophobia- Fear of bad men, burglars.  
Sciophobia Sciaphobia- Fear of shadows.  
Scoleci-phobia- Fear of worms.  
Scolionophobia- Fear of school.  
Scopophobia or Scoptophobia- Fear of being seen or stared at.  
Scotomaphobia- Fear of blindness in visual field.  
Scotophobia- Fear of darkness. (Achluophobia)  
Scriptophobia- Fear of writing in public.  
Selachophobia- Fear of sharks.  
Selaphobia- Fear of light flashes.  
Selenophobia- Fear of the moon.  
Sesquipedalophobia- Fear of long words.

Sexophobia- Fear of the opposite sex. (Heterophobia)  
Siderodromophobia- Fear of trains, railroads or train travel.  
Siderophobia- Fear of stars.  
Sinistrophobia- Fear of things to the left or left-handed.  
Sitophobia or Sitiophobia- Fear of food or eating. (Cibophobia)  
Snakephobia- Fear of snakes. (Ophidiophobia)  
Soceraphobia- Fear of parents-in-law.  
Social Phobia- Fear of being evaluated negatively in social situations.  
Sociophobia- Fear of society or people in general.  
Somniphobia- Fear of sleep.  
Sophophobia- Fear of learning.  
Soteriophobia - Fear of dependence on others.  
Spacephobia- Fear of outer space.  
Spectrophobia- Fear of specters or ghosts.  
Spermatophobia or Spermophobia- Fear of germs.  
Spheksophobia- Fear of wasps.  
Stasibasiphobia or Stasiphobia- Fear of standing or walking. (Ambulophobia)  
Stenophobia- Fear of narrow things or places.  
Stygiophobia or Stigiophobia- Fear of hell.  
Suriphobia- Fear of mice.  
Symbolophobia- Fear of symbolism.  
Symmetrophobia- Fear of symmetry.  
Syngenesophobia- Fear of relatives.

## **T-**

Tachophobia- Fear of speed.  
Taeniophobia or Teniophobia- Fear of tapeworms.  
Taphophobia Taphophobia- Fear of being buried alive or of cemeteries.  
Tapinophobia- Fear of being contagious.  
Taurophobia- Fear of bulls.  
Technophobia- Fear of technology.  
Teleophobia- 1) Fear of definite plans. 2) Religious ceremony.  
Telephonophobia- Fear of telephones.  
Testophobia- Fear of taking tests.  
Tetanophobia- Fear of lockjaw, tetanus.  
Textophobia- Fear of certain fabrics.  
Thaasophobia- Fear of sitting.  
Thalassophobia- Fear of the sea.  
Thanatophobia or Thantophobia- Fear of death or dying.  
Theatrophobia- Fear of theatres.  
Theologicophobia- Fear of theology.  
Theophobia- Fear of gods or religion.  
Thermophobia- Fear of heat.  
Tocophobia- Fear of pregnancy or childbirth.  
Tomophobia- Fear of surgical operations.

Tonitrophobia- Fear of thunder.

Topophobia- Fear of certain places or situations, such as stage fright.

Toxiphobia or Toxophobia or Toxicophobia- Fear of poison or of being accidentally poisoned.

Traumatophobia- Fear of injury.

Tremophobia- Fear of trembling.

Trichinophobia- Fear of trichinosis.

Trichopathophobia or Trichophobia- Fear of hair. (Chaetophobia, Hypertrichophobia)

Triskaidekaphobia- Fear of the number 13.

Tropophobia- Fear of moving or making changes.

Trypanophobia- Fear of injections.

Tuberculophobia- Fear of tuberculosis.

Tyrannophobia- Fear of tyrants.

## **V-**

Vaccinophobia- Fear of vaccination.

Venustraphobia- Fear of beautiful women.

Verbophobia- Fear of words.

Verminophobia- Fear of germs.

Vestiphobia- Fear of clothing.

## **X-**

Xanthophobia- Fear of the color yellow or the word yellow.

Xenoglossophobia- Fear of foreign languages.

Xenophobia- Fear of strangers or foreigners.

Xerophobia- Fear of dryness.

Xylophobia- 1) Fear of wooden objects. 2) Forests.

Xyrophobia- Fear of razors.

## **Z-**

Zelophobia- Fear of jealousy.

Zeusophobia- Fear of God or gods.

Zemmiphobia- Fear of the great mole rat.

Zoophobia- Fear of animals.

## Common Dream Themes

### **1. Being chased and attacked/Being in love or embraced**

A villain is chasing you and might harm or even kill you. It could be anyone from an animal to a bad person.

The opposite of being chased and terrified is described as being embraced or loved, meeting a star or having a magical animal friend (more common in kids). Here, we experience “pleasurable physical contact,” whether it’s with celebrities, an angel, a talking animal or our next-door neighbor.

### **2. Getting injured or dying/Getting healed or reborn**

You or a loved one is injured, killed or passes away. Another common dream is your teeth falling out. The reverse is experiencing rebirth or healing.

### **3. Having vehicle trouble**

You’re in a vehicle, like a car or plane, that has some sort of malfunction, whether it’s broken brakes, no gas or a flat tire.

The opposite of vehicle trouble is driving skillfully. These dreams aren’t very common. But when they do happen, they tell us something very important: That we have the necessary tools to deal with a difficult situation in our lives.

### **4. Damaged or lost property or on fire/Property improvements**

You lose a valuable possession, which might be anything from your wallet to your keys to your wedding ring. Even your entire house might vanish. People also dream about their house or another building being on fire. You might be scared, seek escape or try to save others. The alternative is when you dream about remodeling or reconstructing a space.

## **5. Poor performance/Outstanding performance**

When you're about to take a test, something anxiety-provoking happens. It could be showing up late to your exam, not finding the classroom or being unprepared. This also could relate to any performance, such as getting on stage and forgetting or flubbing your lines. In contrast, you ace a test, give a great speech or perform well in another way.

## **6. Falling or drowning/Flying or swimming**

You're freaked out and can feel yourself falling or drowning. The opposite is feeling absolutely carefree and either flying or swimming effortlessly (even if you started flying in order to escape).

## **7. Being naked or inappropriately dressed/Looking great**

You're either naked in public or wearing something odd or inappropriate. For instance, you show up to work in your PJs. Alternatively, in other dreams you're wearing something beautiful or feel as though you look great and really fit in.

## **8. Missing transportation/Happily traveling**

You're racing to catch a flight, train or another form of transportation, and miss it. Or you're late to the event you're supposed to perform in. On the other hand, you're happily traveling and seeing some incredible sights.

## **9. Machine malfunctions/No malfunctions**

You might be trying to operate mechanical equipment, but there's a glitch. Oftentimes, these dreams involve malfunctioning telephones.

Positive dreams, however, feature making clear connections and functioning machines. In a study of dreams during bereavement. For example, some participants received messages from their deceased loved ones, which helped in the healing process.

## **10. Natural disasters/Natural beauty**

You dream about some natural disaster such as an earthquake, strong storm, tsunami or volcanic eruption. Or you dream about manmade disasters like atomic bombs or chemical warfare. The opposite is dreaming about beauty or miracles in nature.

## **11. Being lost or trapped/Finding new places**

You might be lost in a building, a maze or some strange town. Or you're terrified and unable to move, speak or scream. Or, worse, you're buried alive. The positive alternative is discovering a new beautiful space (like a room in your home) or finding amazing treasures.

## **12. Haunted by the dead/Guided by the dead**

You're criticized or cursed by someone who's passed away. For instance, one person dreamed that her deceased mother scolded her for giving away her belongings too soon. Or you receive a significant message from your deceased loved one, which might even have a meaningful impact on your life.

[For More on Dreams and Dream Symbols](#)

<http://www.dreammoods.com/dreamdictionary/>

<http://mentalfloss.com/article/55442/12-common-dreams-and-what-they-supposedly-mean>